

Sarah Isabelle Davis

Glendale, Arizona
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Employment History

Cadence Performance Coaching

Glendale, AZ; October 2016—present

Triathlete

- Training to qualify for 2018 USA Triathlon Nationals
- Weekly PT & Coaching sessions with use of Training Peaks online training system

Desert Mirage Elementary School

Glendale, AZ; July 2015—present

Professional School Counselor

- Providing individual / group counseling and core curriculum services to a diverse multicultural K-8 population to address academic, behavioral, and social/emotional concerns
- Responding to school crises including threats and suicidal assessments
- Collaborating with teachers, administrators, and parents to create student behavior plans to monitor and assess student progress

Pendergast Elementary School District

Glendale, AZ; June 2016—present

District Track & Field Coordinator / Head DM Track Coach

- Contacting coaches, venues, and award companies to implement school district track program
- Designing training programs to improve athlete success
- Coaching Desert Mirage to its first podium placement at the 2016 championships and district champions in the 100m, 200m, 800m, 4x100m, & 4x400m events
- Created the first school cross-country team and coaching the boy's 2016 district champion runner

Runner's World Magazine

Emmaus, PA; June 2012—August 2012

Photo & Art Intern

- Photographed, conducted photo research, and assisted in monthly art & design layouts
- Set up and organized multiple photo shoots in Emmaus and New York City
- Collaborated with businesses and photographers for photos, designs, and rights information
- Worked with Photo Mechanic, Incopy, Photoshop, InDesign and Compass archives

Education

M.Ed. in School Counseling, 2015

The University of North Carolina,
Chapel Hill

B.S. Journalism, 2014

B.A. English, 2014

The University of Florida

Athletic Achievements

- Division-I Cross-Country / Track & Field Athlete: UF & UNC
- SEC Team Champion: UF XC (2010) & UF Indoor Track (2012)

Personal Records

400m (:59) – 2006

800m (2:10) – 2012

1500m (4:31) – 2012

1600m (4:52) – 2012

5K (18:19) – 2014

10K (39:37) – 2016

½ marathon (1:29:20) – 2016

500m OW swim (9:07) – 2017

1-mile OW swim (29:10) – 2017

References

Margie Suero—Asst. Principal Sunset Ridge Elementary

- 623-236-6348
- msuero@pesd92.org

Charlie Boeyink—PT / Tri Coach

- 602-708-9044
- charlie@cadencept.net